

Group Class Schedule

Adult Classes

Beg. Tues. & Thur. 7:00pm-8:00pm

Adv Mon. & Wed. 7:00pm-8:00pm

Sat. 9:00am-10:am

Junior Group Class (8-13yr old)

Mon. & Wed. 5:30pm-6:30pm

Fri. 5:00pm-6:00pm

Pee Wee Group Class (4-7yr old)

Tues. & Thur. 4:00pm-5:00pm

Sat. 11:00am-12:00pm